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www.shorecardiology.com

NAME: _____ DOB: _____

PHONE NUMBER: _____ CELL: _____

Date of Procedure: _____ Location of Procedure: _____ Scheduler: _____

Before Catheterization/Stent:

- Please make sure you go for all pre-admission testing at least 3 days prior to you Catheterization.
- **DO NOT EAT** from 12 midnight the night before the procedure.
- Please plan for someone to drive you to and from the procedure. You will **NOT** be permitted to drive yourself.
- Please bring a list of all your medications you are currently taking. Exact names and dosages. Please make sure you bring your insurance cards, photo ID.
- ***If you take Coumadin please inform Shore Cardiology Consultants for instructions!!***
- ***If you take Pradaxa, Eliquis, or Xarelto stop 48 hours prior to your procedure.***
- You may take all Cardiac medications with a glass of water. Please do not take any supplements, Multi vitamins, or water pills prior to cath.
- Do not take any Diabetic medications prior to cath. If you are on Insulin please call the Doctor who prescribes that medication for instructions.
- Please contact Shore Cardiology Consultants if you have any allergies to Shellfish or Iodine.
- Please wear something comfortable. Do not wear tight clothing.
- Please make sure you understand that you may be in the hospital for up to 8-10 hours.
- The day before your procedure, the Cath lab will call you with a time and where to go in the hospital for your procedure.
- Other: _____

Post op Catheterization/Stent:

- Do not resume normal activity for one week.
 - **Driving-** Wait 48 hours to drive. **Heavy lifting-** No heavy lifting for 1 week.
 - Please be advised to shower only, do not submerge in water for 1 week.
- If you work, please make sure you take off from work the day after procedure.