

Patient Instructions for Exercise Stress Test

Time: This test will take 30 minutes to one hour.

Cancellation: If you need to cancel this test, you must notify our office 1 business day in advance. You will be responsible for a \$25 cancellation fee if you do not cancel at least 1 business day in advance.

Clothing: Comfortable shoes and pants, short sleeves; no dresses, jewelry, metal snaps or buttons. Ladies wear a bra. No bath oil, lotion or powder. Deodorant okay.

Diet: You may eat or drink before the test, within reason

Medications: Stop 24 hours prior to test and bring with you.

Acebutolol	Coreg	Lanoxin	Nitrobid
Adalat	Corgard	Lopressor	Nitroglycerin Patch
Amiodarone	Digoxin	Lotrel	Norvasc
Amlodipine	Dilacor	Metoprolol	Pindolol
Atenolol	Diltiazem	Minitran	Propafenone
Betapace	Dronedarone	Multaq	Propranolol
Bextaxolol	Felodipine	Nadolol	Quinidine
Bisoprolol	Flecainide	Nebivolol	Sotalol
Bystolic	Imdur	Nicardipine	Sular
Caduet	Inderal	Nifedipine	Taztia XT
Calan	InnoPran XL	Nisoldipine	Tenormin
Cardizem	Isosorbide Dinitrate	Nitrobid	Timolol
Cartia	Isosorbide Monitrate	Nitrodisc	Tizac
Carvedilol	Labetalol	Nitroglycerin	Toprol XL
Trandate	Veralan	Verapamil	Ziac