



ALI R. MOOSVI, M.D., FACP, FACC

TODD S. COHEN, D.O., FACC

MICHAEL G. DeVITA, D.O., FACC

EUGENE S. KOFMAN, M.D.

COLLEEN E. DePAUL, RN, MSN, APN-C

CHRISTINA M. YANNONE, PA-C

PAUL J. LAMARTINA, PA-C

FAX: 732.840.0355

www.shorecardiology.com

Cardioversion is a procedure conducted to return an abnormal heartbeat back to its normal pattern. People may have a cardioversion performed if they have an abnormal heart rhythm, such as atrial fibrillation, atrial flutter, tachycardia, or bradycardia.

The day of the procedure, have someone available to drive you to and from your appointment.

- **Avoid operating any machinery, including driving a car, for 24 hours following the completion of the cardioversion.**
- **Do not eat or drink for at least 8 hours before your appointment.**
- Take your medications as prescribed the morning of your procedure unless otherwise stated by your physician.
- **Bring a list of medications**, including over-the-counter medicines, vitamins, and supplements.
- Leave ALL jewelry at home
- If you are undergoing an electrical cardioversion, refrain from putting on any lotions, powders, creams, or ointments on your chest and back for 24 hours before your procedure.
 - These can cause issues with the paddles used.

During electrical cardioversion, A physician places an IV in your arm to provide a sedative. Soft electrodes are placed on your chest and possibly back. These areas may need to be shaven to help the electrodes stick better. The electrodes are attached to the cardioversion where the shocks are generated from. *The shocks last less than a second and briefly resets the heart rhythm.* For some, they may need more than one shock. This is determined by the team that closely monitors your heart rhythm. The procedure takes about a few minutes to complete. Once the procedure is over, you will be woken up.

Once the cardioversion is over, your healthcare team monitors you closely for another hour or so to see if any complications arise. **If there are any questions that come up after the completion of the cardioversion, call your doctor for clarification.**

BRICK

1640 HIGHWAY 88, SUITE 201
BRICK, NJ 08724

JACKSON

27 S. COOKS BRIDGE RD., SUITE 210
JACKSON, NJ 08527